

| BECKMAN CATHOLIC           |  | MARCH LUNCH MENU              |  | At least 80% of grains served are whole grain rich (WGR). The remaining grains are enriched. |  |
|----------------------------|--|-------------------------------|--|--|--|
| MONDAY                     |  | TUESDAY                       |  | WEDNESDAY  |  |
| 4                          |  | Alternate Pizza Option 5      |  | Alternate Pizza Option 7   |  |
| Chicken Fettuccini Alfredo |  | Hot Dog on Bun                |  | Chicken Patty on Bun   |  |
| Garlic Breadstick          |  | Tator Tots                    |  | Smiley Potatoes  |  |
| Steamed Broccoli           |  | Steamed Mixed Vegetables      |  | Steamed Corn   |  |
| Fresh Fruit                |  | Fresh Fruit                   |  | Fresh Fruit  |  |
| Fruit Cocktail             |  | Diced Pears/Dried Cranberries |  | Cinnamon Applesauce  |  |
| Fruit Slushie Variety      |  | Cookie                        |  | Brownie  |  |
| 11                         |  | Alternate Pizza Option 12     |  | Alternate Pizza Option 14  |  |
| Chicken Nuggets            |  | BBQ McRib on Bun              |  | Shredded BBQ Pork on Bun   |  |
| Mac-n-Cheese               |  | Colossal Crisp Fries          |  | Baked Potato/Sour Cream  |  |
| Dinner Roll                |  | Bush's Baked Beans            |  | Steamed Broccoli   |  |
| Steamed Green Beans        |  | Fresh Fruit                   |  | Fresh Fruit  |  |
| Fresh Fruit                |  | Fruit Cocktail                |  | Diced Pineapple  |  |
| Sliced Pears/Raisins       |  | White Cake with Strawberries  |  | Chocolate Chip Cookie Bar  |  |
| 18                         |  | Alternate Pizza Option 19     |  | Musical/Senior Meal/6th 21   |  |
| Breaded Pork Chop          |  | Hamburger on Bun              |  | Chicken and Noodles  |  |
| Mashed Potaotes & Gravy    |  | Tator Tots                    |  | Breadstick   |  |
| Dinner Roll                |  | Steamed Carrots               |  | Steamed Peas   |  |
| Steamed Corn               |  | Fresh Fruit/Sliced Pears      |  | Fresh Fruit  |  |
| Fresh Fruit                |  | Sugar Cookie                  |  | Sliced Peaches   |  |
| Fruit Cocktail             |  | BLOOM Sidekick Fruit Slushie  |  | Dried Cranberries  |  |
| 25                         |  | Alternate Pizza Option 26     |  | EASTER MEAL 27   |  |
| Spaghetti and Meat Sauce   |  | Weiner Wink                   |  | Chicken Cordon Bleu  |  |
| Garlic Toast               |  | Colossal Crisp Fries          |  | Mashed Potatoes & Gravy  |  |
| Steamed Mixed Vegetables   |  | Bush's Baked Beans            |  | Steamed Corn   |  |
| Fresh Fruit                |  | Fresh Fruit                   |  | Dinner Roll  |  |
| Diced Pears                |  | Cinnamon Applesauce           |  | Fresh Fruit/Sliced Peaches   |  |
| Jonny Fruit Pop            |  | Cookie                        |  | JELLO CAKE   |  |
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**Peanut Butter/String Cheese or Deli Ham/String Cheese or Deli Turkey/String Cheese are available as an alternate to the main entree every day!**

**We will offer a HOT pizza alternative entree item on Tuesdays and Thursdays - french bread pepperoni pizza or pizza crunchers with marinara**

**Each meal includes a choice of: 1% White Milk OR Skim Chocolate Milk OR Skim White Milk OR Skim Strawberry Milk**

**Some of the variety of fresh fruits we serve.....strawberries, apples, grapes, watermelon, canetloupe, clementines, kiwi, blueberries, oranges, etc.**

**We will offer a fresh salad bar DAILY with Shredded or Chopped Lettuce and a variety of raw veggies.**

**Some examples of veggies on the salad bar will be: carrots, red peppers, green peppers, celery, broccoli, cauliflower, radishes, etc.**

**New for 22-23 School Year: We will have Farmtek Hilltop greens fresh leaf lettuce, cucumbers, and cherry tomatatoes available on the salad bar too!**

**This institutiion is an equal opportunity provider**

