## JUNIOR HIGH EXPLORATION COURSES

## Sometime during junior high, all students are required to take at least one course in keyboarding, art, health and music.

| NUMBER: | $\mathbf{2 0 1}$ | TITLE: | JUNIOR HIGH BAND |
| :--- | :--- | :--- | :--- |
| GRADE(S): | $\mathbf{7 , 8}$ | MEETS: | Alternate days |
| LENGTH: | YEAR | CREDIT: | 2.5 per semester |

Junior High Band is a continuation of what students have learned in 5th and 6th grade band with both 7th and 8th graders in the same ensemble. Besides meeting in band class every other school day, students will each have a weekly lesson during study hall. The junior high band marches in the Homecoming and Halloween parades as well as three concert performances throughout the school year.

| NUMBER: |  | TITLE: | JUNIOR HIGH GENERAL MUSIC |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 7,8 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

In General Music, students will learn about music through a variety of topics. There is still a sung component to the class in which students are expected to learn music notation, but General Music lacks the performance requirement of Choir. The course includes reading, written work, and projects as students learn about music ranging from the classical styles to contemporary popular music. This class is suited for students who do not have intentions to participate in music beyond $8^{\text {th }}$ grade, but would like to learn more about music and how it influences the world around them.

| NUMBER: | 221 | TITLE: | JUNIOR HIGH VOCAL MUSIC |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 7,8 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

In junior high choir, students learn about music and musical notation through the careful practice and preparation of choral music selected for performance. This class is ideal for students who have an interest in taking high school choir and trying out for the high school musical when they enter $9^{\text {th }}$ grade. The choral literature spans a variety of time periods, and musical genres from classical to popular music.

| NUMBER: | 101 |
| :--- | :--- |
| GRADE(S): | 7 |
| LENGTH: | SEMESTER |


| TITLE: | ART 7 |
| :--- | :--- |
| MEETS: | Alternate days |
| CREDIT: | 2.5 per semester |

The student will:

1. Know and utilize the elements and principles of art and design.
2. Understand the functions and structures of art.
3. Choosing and evaluating a range of subject matter, symbols and ideas.
4. Making connections between visual arts and other disciplines.
5. Understanding and applying media, techniques and processes.
6. Reflecting upon and assessing the characteristics and merits of your own work as well as others.

## Course Summary

Students will become familiar with a range of drawing materials, and use them to accomplish a range of drawing problems. Students will learn the color wheel and color theory through paint. Students will apply the painting techniques to general painting problems. Students will be exposed to the ceramic arts. Students will study the elements of art.

| NUMBER: | 111 | TITLE: | ART 8 |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 8 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

The student will:

1. Know and utilize the elements and principles of art and design.
2. Understand the functions and structures of art.
3. Choosing and evaluating a range of subject matter, symbols and ideas.
4. Making connections between visual arts and other disciplines.
5. Understanding and applying media, techniques and processes.
6. Reflecting upon and assessing the characteristics and merits of your own work as well as others. Course Summary
Students will work in depth with specific drawing materials, and use them to accomplish a range or drawing problems. Students will further their understanding of color theory with a variety of painting materials. Students will apply the painting techniques to advanced problems. Students will create sculptural projects using varied material. Students will study the elements and principles of art.

| NUMBER: | 951 | TITLE: | HEALTH 7 |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 7 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

The students will learn skills in the following four areas to help them make good decisions in their adolescent years:

Chapter 1: The challenge ahead
Chapter 2: Building self-confidence through better communication
Chapter 3: Learning about emotions
Chapter 4: Improving peer relationships

| NUMBER: | 961 | TITLE: | HEALTH 8 |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 8 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

The course is a continuation of $7^{\text {th }}$ grade Health. Students will learn skills in the following four areas:
Chapter 5: Strengthening family relationships
Chapter 6: Developing critical thinking skills for decision making
Chapter 7: Setting goals for healthy living
Chapter 8: Developing one's potential

| NUMBER: | 403 | TITLE: | DIGITAL CITIZENSHIP |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 7 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

Students will learn the challenges and responsibilities associated with living in an increasingly, technological world. Topics include digital rights, digital footprints, cyberbullying, and internet etiquette.

| NUMBER: | $\mathbf{8 0 4}$ |
| :--- | :--- |
| GRADE(S): | $\mathbf{8}$ |
| LENGTH: | SEMESTER |

TITLE:
MEETS:
CREDIT:

ECONOMICS
Alternate days
2.5 per semester

Students will study basic economic and finance principles such as balancing a check book, working within a budget and making sound financial decisions.

| NUMBER: | 10012 | TITLE: | Exploring Computer Science |
| :--- | :--- | :--- | :--- |
| GRADE(S): | $\mathbf{8}$ | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

The course takes a wide lens on computer science by covering topics such as programming, physical computing, HTML/CSS, and data. Students engage with computer science as a medium for creativity, communication, problem solving, and fun.

| NUMBER: | $\mathbf{4 3}$ | TITLE: | PE WWS |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 7 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

Students learn the principles of fitness, strength training, and nutrition. This is a great preparation for students with an interest in participating in high school strength and conditioning and competitive sports.

| NUMBER: | $\mathbf{5 3}$ | TITLE: | PE WWS |
| :--- | :--- | :--- | :--- |
| GRADE(S): | 8 | MEETS: | Alternate days |
| LENGTH: | SEMESTER | CREDIT: | 2.5 per semester |

Students learn the principles of fitness, strength training, and nutrition. This is a great preparation for students with an interest in participating in high school strength and conditioning and competitive sports.

| Number: $\quad$ 006BH | Title: | Service Leadership |
| :--- | :--- | :--- |
| Grade(S): $7^{\text {th }}$ and $8^{\text {th }}$ | Meets: | Alternate Days |
| Length: Semester | Credit: | 2.5 per semester |

Service Leadership is an every other day exploratory class offered to junior high students. Throughout the semester the students become familiar with the Catholic social teaching principles and how to apply these teachings to life and serving others. Students engage in various outreach experiences throughout the semester.

